

2 or 3 course Lunch Menu

Available from 12noon-2pm (last Order at 1.45pm)

Please ensure you inform the staff of any desserts before our last order, as our chefs leave at 2pm

2 courses £5.20 3 courses £6.20

Starters

- L1A Prawn Cocktail
 - L2A Fresh Mushrooms in Garlic Sauce
 - L4 Chicken Satay Skewers (2)
 - L10N Honey Roasted Spare Ribs (3)
 - L12 Barbecued Spare Ribs (3)
 - L15 Crispy Pancake Roll (1)
 - L17 Crispy Vegetable Spring Rolls (2)
- Fruit Juices



Main Courses

*Served with fried rice

- L3A Chicken Nuggets & Chips
- L7A Scampi & Chips
- L35 King Prawns Peking Styles*
- L37 King Prawns in Satay Sauce*
- L46 King Prawns & Fresh Mushrooms*
- L48 King Prawns & Mixed Vegetables*
- L55 Roast Duck & Beansprout*
- L60 Chinese Roast Pork & Chicken with Beansprouts*
- L62 Crispy Hot Shredded Beef & Carrots*
- L67 Beef Peking Style*
- L68 Beef & Green Pepper in Black Bean Sauce*
- L68 Beef in Satay Sauce*
- L75 Beef & Fresh Mushrooms*



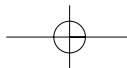
- L78 Beef & Mixed Vegetables*
- L83 Chicken Peking Style*
- L84 Chicken & Green Pepper in Black Bean Sauce*
- L85 Chicken in Satay Sauce*
- L90 Chicken & Sweet Corn*
- L96 Chicken & Fresh Mushroom*
- L98 Chicken & Mixed Vegetables
- L103 Sweet & Sour King Prawns Cantonese Style*
- L104 Sweet & Sour King Prawn Balls*
- L105 Sweet & Sour Chicken Cantonese Style*
- L106 Sweet & Sour Chicken Balls*
- L107 Sweet & Sour Pork Cantonese Style*
- L116 Mushroom Foo Yung*
- L117 Vegetable Foo Yung*
- L119 King Prawn Curry*
- L121 Beef Curry*
- L122 Chicken Curry*
- L125 House Special Chow Mein
- L128 Singapore Rice Vermicelli 'Spicy'
- L131 Beef Chow Mein
- L134 Mushroom Chow Mein
- L135 Vegetable Chow Mein
- L140 Yung Chow Fried Rice
- L144 Chicken Fried Rice
- L143 Shrimp Prawn Fried Rice



Dessert & Beverages

- Banana or Pineapple Fritters/Vanilla Ice Cream
- Peach Melba
- Lychees
- Coffee £1.50
- Chinese Tea £1.50





Lunch Menu

The Oriental Splendour....

We are part of a leading Oriental Family food group from the South West with over 40 years of Catering experience, starting from our first Restaurant and Take Away China Garden (formerly known as House of Lai) in Exmouth Devon to Shanghai Nights in Bristol with our first Authentic Dim Sum Restaurant.

Back in 2009 we opened our first Wholesale "Winmede" in Plymouth supplying to most Chinese restaurant and take away shops in the South West.

In October 2010 we opened our first Oriental Retail Supermarket in Exeter to the public where you are able to purchase all your Oriental ingredients to cook at home.

In progress 2011 our new Wholesale in Exeter will soon be open to both public and local businesses.

WINMEDE SUPERMARKET
St Thomas Building
Exe Bridges Retail Park
Cowick Street
Exeter EX4 1AF



From knowledge, experience and care, we able to offer the finest ingredients and authenticity of Oriental cooking to supply and finalising your meals.

Inclusive of VAT at current rate and all dishes are subject to availability

